

RESOLVE: A Definition

re-solve (verb) [from dictionary.com]

to come to a definite or earnest decision about something; to determine (to do something): *I resolve that I should live a more active lifestyle.*

NEW YEAR'S GOALS/RESOLUTIONS

- Spiritual Goals
- Physical Goals
- Intellectual Goals
- Emotional Goals
- Relational Goals

WHY DO RESOLUTIONS FAIL?

Disintegrated Thinking vs Integrated Thinking
Compartmentalized Living vs Whole Living

RESOLVE: An Alternate Definition

re-solve (verb) [from dictionary.com]

Music. to cause (a voice part or the harmony as a whole) to progress from a dissonance to a consonance.

"Be perfect, therefore, as your heavenly Father is perfect."

Matthew 5:48

JESUS TAUGHT WHOLENESS

"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength."

Mark 12:30

PAUL TAUGHT WHOLENESS

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will.

Romans 12:1-2

LIVING IN WHOLENESS

For in him we live and move and have our being.

Acts 17:28a

THINK BETTER

- Focus on wholeness
- Pray for the right attitude
- Reflect upon past resolutions
- Be aware of your need for accountability
- Grow to become a more whole person

NEXT STEPS

1. Set a date to plan
2. Think and reflect
3. Make a plan
4. Write it out
5. Tell someone
6. Live in wholeness

December 31/January 1, 2012

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